



Mount St Benedict  
Centre

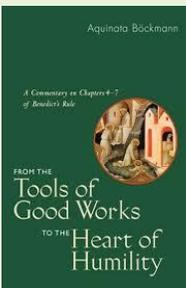
# Library

March 2018



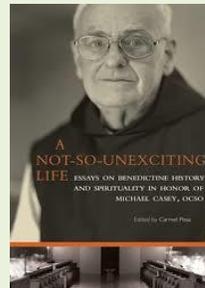
A Ministry of the Sisters of the Good Samaritan Of the Order of St. Benedict

**New resources to challenge our thinking, and inspire spiritual growth and hope for the future.**



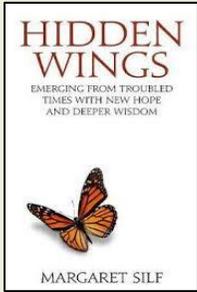
**From the Tools of Good Works to the Heart of Humanity:  
A Commentary on Chapters 4-7 of Benedict's Rule (2017)**  
By Aquinata Böckmann OSB  
Reviewed by M. Casey & C. Posa  
255.106 BOC  
Aquinata Böckmann, a contemporary expert in interpreting the rule of St. Benedict, explores Chapters 4-7 of The

Rule and examines the Rule's spiritual wisdom of good works, obedience, silence and humility. Böckmann explains that after analyzing the text and sources, she considers the aim of Benedict's instruction and what it may say to us today. Close attention is paid to the omissions from Benedict's major source, the Rule of the Master, and to what he has added or changed, reasoning that this helps us to see Benedict's character more clearly and gain inspiration from that in our own life. This is the fourth volume of Aquinata Böckmann's commentaries on the Rule of St. Benedict.



**A Not -So-Unexciting Life; Essays on Benedictine History and Spirituality in Honor of Michael Casey OSCO (2017)**  
Edited by Carmel Posa  
271.1 POS

Michael Casey is one of the most significant writers in the Benedictine and Cistercian tradition. He has published over one hundred articles and reviews in various journals, written more than eighteen books, and edited many more books and journals. In this book, monks, nuns, and lay scholars have contributed essays that acknowledge the contribution that Casey has made to Cistercian and Benedictine life over the past forty years.

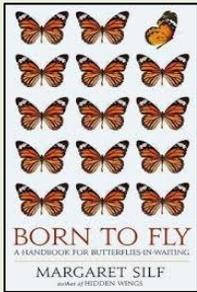


**Hidden Wings: Emerging From Troubled Times With New Hope and Deeper Wisdom (2017)**

**By Margaret Silf**  
**248.4 SIL**

Hidden Wings is a superb book of spiritual transformation and hope for the future. As the world around us moves into a period of tumultuous

change, many are struggling to plot their spiritual path through an unfamiliar landscape or to believe in tomorrow. Silf uses the analogy of the caterpillar entering the devastating, world-altering stage of the chrysalis before emerging, transformed, as the butterfly, to demonstrate that this moment could be an opportunity for immense spiritual growth and hope for the future.

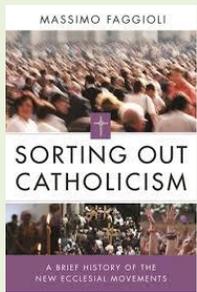


**Born to Fly: A Handbook for Butterflies-in-Waiting (2017)**

**By Margaret Silf**  
**248.4 SIL**

Based on the caterpillar-chrysalis-butterfly metaphor developed in Hidden Wings, this book offers spiritual insights and wisdom from the likes of Teilhard de Chardin to help us

explore what it means to be an agent of spiritual change in our own life and that of the world around us. It includes a five-week Lenten study.

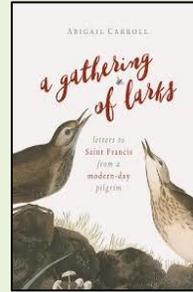


**Sorting Out Catholicism: A Brief History of the New Ecclesial Movements (2014)**

**By Massimo Faggioli**  
**282.09 FAG**

In this expanded and updated English edition, Faggioli offers us a history and broader context of the so-called ecclesial movements of which

Focolare, Community of Sant'Egidio, Neocatechumenal Way, Legionaries of Christ, Communion and Liberation, and Opus Dei are some. Their history goes back to the period following the First Vatican Council and develops throughout the twentieth century. These movements are a complex phenomenon that shapes the Church now more than ever before. They play a key role for the future of Catholicism as a global community.

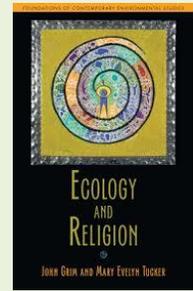


**A Gathering of Larks: Letters to Saint Francis from a Modern-Day Pilgrim (2017)**

**By Abigail Carroll**  
**271.302 CAR**

This book contains forty personal letters from the author to St. Francis of Assisi. Part devotion, historical biography, contemporary engagement

and inspiration, these letters reveal Carroll's curiosity and wonder about this saint. Francis is portrayed as a complex man of radical faith. Carroll explores his spirituality and commitment to poverty and discovers how brokenness makes experiencing renewal possible.



**Ecology and Religion (2014)**  
**By John Grim and Mary Evelyn Tucker**  
**201.77 GRI**

Grim and Tucker maintain that the natural world has been central to all the world's religions, and that today's growing environmental challenges make the relationship ever more vital. They explain how religious teachings

and practices have historically both promoted and threatened sustainability and they discuss the emergence of religious ecology. The authors' describe four fundamental aspects of religious life: orienting, grounding, nurturing, and transforming, and reason that the engagement of religious communities is necessary if humanity is to sustain itself and the planet.



**Evil: How our culture is going off the rails (2016)**

**By Nokter Wolf & Leo G. Linder**  
**241.3 WOL**

This book is a guide for an up-to-date system of values. What once used to be deadly sins threatening human salvation have now become socially acceptable; envy, greed,

stubbornness, impatience, narcissism and disloyalty. Nokter Wolf has taken a look at an interesting development and finds examples in the Bible, in the ancient myths and current affairs. His conclusion: the deadly sins are as relevant today as ever before and it would be advisable not to leave the field open to them in our Western economic and social systems, but rather to counter them with a foundation of values that are up to date. Readers will recognise our day and age in the mirror of this book.