

# Mount Saint Benedict Centre Library



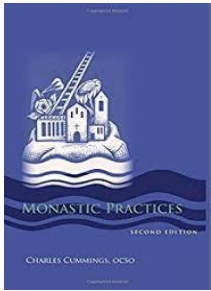
November 2017

Conducted by the Sisters of the Good Samaritan of the Order of Saint Benedict

**Open:** Mon 9:00am–2:00pm; Tues **CLOSED**; Wed, Thurs & Fri 8:30am–4:30pm | **Phone** (02) 8752 5395  
**Email:** [msblib@goodsams.org.au](mailto:msblib@goodsams.org.au) | **Website and online catalogue:** <http://msblib@goodsams.org.au>

What's on offer this November? Read about evolution, ecology, psychology, spirituality & more....

	<p><b>Arise DVD (2013)</b> <span style="float: right;"><b>DVD 333.72 JOY</b></span>  <i>By filmmakers Lori Joyce and Candice Orlando; narrated by actress Daryl Hannah</i></p> <p>Are you passionate about our environment?          Do you sense a better way to live in harmony on our planet?</p> <p>Lori Joyce and Candice Orlando have creatively documented the stories of 13 women, in five culturally diverse countries from around the world, who share a deep philosophy of what it takes to live in union with nature. Through images, poetry and music by well-known writers and musicians, <i>Arise</i> succeeds in opening our eyes to a new model of being, and challenges age-old beliefs around leadership, power and commerce.</p>
	<p><b>If Women Rose Rooted (2016)</b>  <b>The Journey to Authenticity and Belonging</b>  <i>By Sharon Blackie</i></p> <p>Blackie inspires us with examples of wise women in native mythology and contemporary female figures, which draw immense power and energy from their innate connection to land and universe – to GOD. They express this through transformative, community leadership.          In turn, contemporary women are called to rediscover their original, creative power and rise with strength as compassionate leaders in a world where women are revered and respected.</p>



**Monastic Practices (2015)**

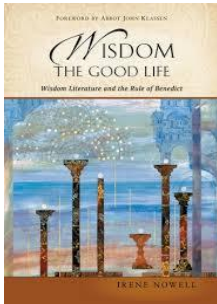
**248.894CUM**

**Revised Edition**

**By Charles Cummings, OSO**

This revised, updated and expanded edition of the thirty year old, valued resource, *Monastic Practices*, demonstrates how through the simple things in life we find beauty and God. The common courtesies, devotions, and contemplative disciplines practiced by nuns and monks for centuries, often lost to the rest of the Christian world, are shared here.

Fr Cummings explains the origins, and the continuing value, of monastic practices for us all.



**Wisdom : The Good Life (2017)**

**223.06 NOW**

**Wisdom Literature and the Rule of Benedict**

**By Irene Nowell**

So how can I lead the good life?

With thoughtful reflection on the Rule of Benedict and the biblical wisdom writers, Irene Nowell shows us how we too can live the good life. Reflection questions and meditative prayers guide us on a journey toward wisdom, encouraging us to embody this intelligence more in our daily lives.

*Irene Nowell, OSB, is a Benedictine of Mount St. Scholastica in Atchison, Kansas, where she has lived for almost sixty years. She's an accomplished theologian and biblical scholar.*



**Joan Chittister (2015)**

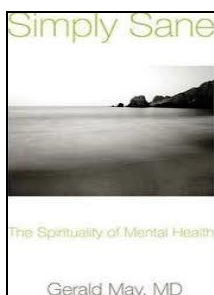
**271.97 ROB**

**Her Journey from Certainty to Faith**

**By Tom Roberts**

Sister Joan Chittister, refused to be silenced by the Vatican, is recognised internationally as a leading reformer of religious life, an inspiring advocate for justice and peace, and a forceful crusader for women's rights.

In this intimate biography, Tom Roberts reveals the interior Joan Chittister: the young survivor who witnessed years of domestic violence, who found both refuge and purpose in her religious vocation and whose brilliance produced a body of written work that stands as one of the most profound expressions of spirituality and women's concerns of this era.



**Simply Sane (reprint 2016)**

**158.1 MAY**

**The Spirituality of Mental Health**

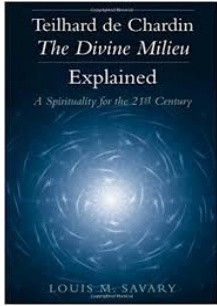
**By Gerald May, MD**

We need to love ourselves as we are, naturally and simply!

Renowned author, Gerald May, describes loving oneself as true spiritual health. He emphasizes the role of self-compassion and self-care in mental health.

In this new edition, May also adds material on the intersection of psychology and spirituality, with expanded discussions on trust, solitude, and prayer.

"Superb and timeless" – Richard Rohr.



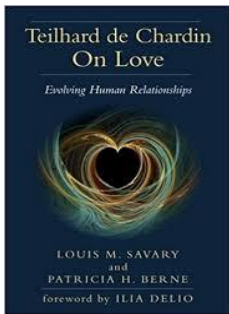
**Teilhard de Chardin: The Divine Milieu Explained (2007)**  
**A Spirituality for the 21<sup>st</sup> Century**  
**By Louis M. Savary**

233 SAV

Pierre Teilhard de Chardin was a Jesuit priest-scientist in the twentieth century who developed concepts that explain an evolutionary spirituality.

In *Divine Milieu Explained*, Louis Savary translates the sometimes challenging and difficult ideas in Teilhard's 1957 classic, *Le Divine Milieu: An Essay on the Interior life*, into an accessible spiritual guide for everyone. Never before has anyone offered such a graspable series of spiritual practices centred on the meeting of faith and science according to Teilhard's evolutionary spirituality.

He shows how our spiritual life can become a creative force in the destiny of the universe.



**Teilhard de Chardin on Love (2017)**  
**Evolving Human Relationships**  
**By Louis M. Savary & Patricia H. Berne**

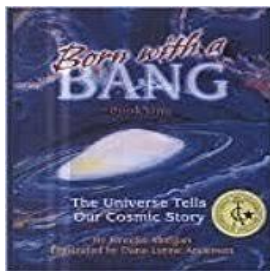
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"It is time to change our focus from knowledge to love, letting go of the need for power and control and recognising our fundamental need for others. Lou and Patricia's book invites us to shift our horizon of life, for in the evening of life we will be judged on love alone."

-*Ilia Delio*, Franciscan nun and theologian specialising in the areas of science and religion.

Savary and Berne's *Teilhardde Chardin on Love: Evolving Human Realtionships*, clearly explains Teilhard's philosophy of love, the powerful relationship between evolving life, nature and humanity and how these loving connections impact, create and heal our world.

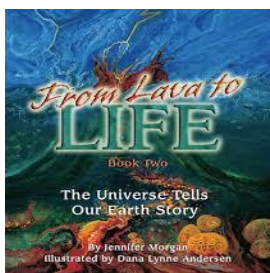
This book is for those who resonate with the current debate on evolution and ecology.



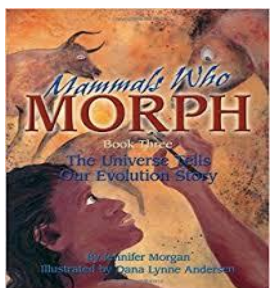
**Born with a Bang ( Book One) The Universe Tells Our cosmic Story**  
**From Lava to Life (Book Two) The universe Tells Our Earth Story**  
**Mammals Who Morph (Book Three) The Universe Tells Our Evolutionary Story**  
**By Jennifer Morgan**  
**Illustrated by Dana Lynne Anderson**

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"Storytelling science: 'Once upon a time' meets evolution." This gloriously illustrated, beautifully written book is a loving letter from the Universe to her Earthlings. - Dome-L press release.



It traces the Universe's development from the Big Bang, through particles and anti-particles, atoms, stars and supernovas, to the beginnings of our solar system, ending with a young Earth.



*Born with A Bang* is the first in a trilogy. The next two volumes, *From Lava To Life* (Book 2) and *Mammals Who Morph* (Book 3), track the evolution of life from tiny living things, to dinosaurs and mammals. Cosmology for everyone!