



Suggested process for: Stories that make us!

1. Stories can bring the past into the present and can also contain what we need to take into the future.
2. Whether we are telling stories about Sisters who have inspired us or our own story, we are creating connections every time we tell or listen to a story. My story is important because it is unique. When I tell my story I may be making myself vulnerable so the facilitator needs to ensure that the group understands some basic respectful listening skills.
3. Please ensure that if you are gathering in Areas, Deaneries or Self Organising Groups (SOGS) that you extend an invitation to Oblates, staff, Partners in Ministry or friends to enrich the experience for all.
4. A YouTube reference is included below. You may want to send this to each person to watch, or just the facilitator or group leader so they have a broader sense of the importance of stories.
5. Allow sufficient time in the group for all to speak. It is best if the groups are kept small (3 or no more than 5)
6. We encourage you to model **Mutual Invitation** when sharing. (Explanation is on the first sheet.)
7. **The story we are asking you to share is about someone who has inspired you.**
8. When everyone has spoken allow some time to reflect upon what you have heard.
 - a. **“What are some of the values you heard that you believe are important for us as Good Samaritans to take forward and continue to nurture into our future?”**
 - b. **Feel free to email these responses to the cpcchair@goodsams.org.au**
9. If you want to record or video any stories, you can find step by step instructions to [download here](#). Send these onto the CPC via email above and remember to include, who is speaking and the title of their story. If you need help to record seek out someone in the group who has an iPhone and can follow the steps.

Suggested Process for reflecting on Chapter Logo

1. To extend the experience you have had at Plenary, we invite you to gather in Areas, Deaneries or Self Organising Groups (SOGS) and extend an invitation to Oblates, staff, Partners in Ministry or friends to enrich the experience for all.
2. In small groups, allow some silence and have each person reflect upon the Logo
3. The question may need to be changed according to your participants but generally the question is "How does the image speak to me personally, and/ or to us who identify as Good Samaritans?"
4. Remember to use *Mutual Invitation*. This is where one person begins by inviting by name another person to share. When they finish, they invite another person to share and this is repeated around the circle. Have a minute or two between each sharing for reflecting on what has been shared.
5. Remember, listening means no questions, or interruptions just an openness to hear the other.
6. The last step is optional. "What did you hear that you think is important for us all to hear?"
7. Feel free to email any responses to cpcchair@goodsams.org.au email to share any thoughts.

